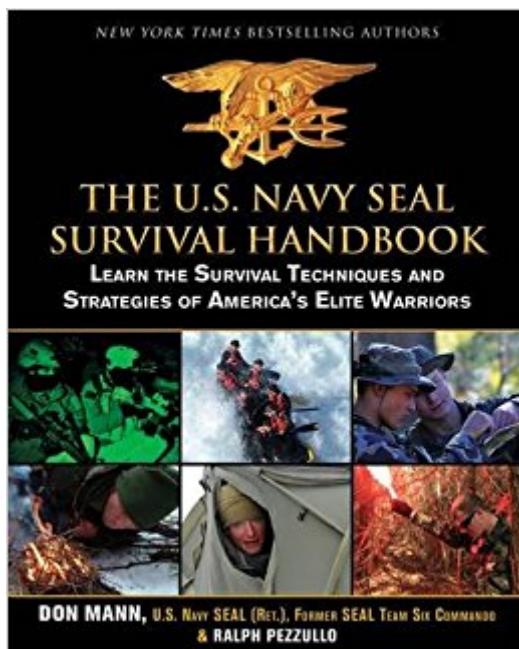


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# The U.S. Navy SEAL Survival Handbook: Learn The Survival Techniques And Strategies Of America's Elite Warriors (US Army Survival)



## **Synopsis**

Learn the survival techniques and strategies of America's elite warriors the elite of the military elite, U.S. Navy seals know that they can be deployed anywhere in the world at a moment's notice. Whether in a temperate, tropical, Arctic, or subarctic region, they might find themselves alone in a remote area with little or no personal gear. In the U.S. Navy seal survival handbook, decorated navy seal team six member don Mann provides a definitive survival resource. From basic camp craft and navigation to fear management and strategies for coping with any Type of disaster, it is an essential resource for all outdoors people. Complete with 150 color photographs, this comprehensive guide includes life-saving information on: making weapons and tools, finding water, wildlife for food, making shelters, signaling, sea survival, and much more specifications:- number of pages: 224.

## **Book Information**

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## **Customer Reviews**

Don Mannâ™s impressive military biography includes being a decorated combat veteran; corpsman; SEAL special operations technician; jungle survival, desert survival, and arctic survival instructor; and Survival, Evade, Resistance, and Escape instructor; in addition to other credentials. Ralph Pezzullo is a New York Times bestselling author and award-winning playwright, screenwriter, and journalist. His books include Jawbreaker (with CIA operative Gary Berntsen). He lives in Los Angeles, California.

I have taught SERE for the past 13 years to all four branches of the military, as well as going to

survival courses all over the world, and practicing these skills. I have worked with many SEALs and SF guys over the years and have the utmost respect for them, what they do for our country, and how professional they are. I first heard about this book about 6 months before it came out and was excited to finally read it. I was disappointed to find it full of misspellings, information that is not current, and other errors. Just one example: List of the world's 10 largest deserts by size (only 9 are listed). The one thing that I do like about this book is that every chapter contains stories that are real world survival examples. Still, it appears Don Mann wants to sell his book solely on his reputation as a SEAL and not the comprehensiveness and quality of the information in it. The people associated with this book (Don Mann, Tony Nester, and others) have tons of outdoor experience in virtually every environment on earth, it is too bad they did not share more of it with us. I am just very disappointed in a book that had the potential to be one of the best survival books written.

I was excited to receive this book as it purportedly was going to describe the strategies and techniques of the one of the world's most elite fighting forces. The book however is a great disappointment as there are few strategies and next to no techniques that are mentioned, let alone described or explained. The book is a series of lists of hazards (i.e. - frostbite, sun stroke, dehydration, scorpions, etc) that are more completely described in other survival books. Almost no techniques are given throughout the book, and the reader is expected to feel satisfied with the most vague descriptions and glossed-over strategies that even the arm-chair adventurer will feel lost and wanting. The book was also hastily edited with lots of repetitive information, especially in the captions of the laughingly general photos that seem as though the authors spent 5 minutes on Google finding the images. I have the greatest respect for the US Navy SEALs and am proud to be in a country where such elite individuals risk their lives for the greater good of our country, but this book falls short of what its title portrays is inside.

This book is written for trained and experienced personal who have had field training, not for the average person that needs to survive in an emergency. It is suited to provide an overview for new types of terrain for the person that has taken at least a few survival weekend courses. It does cover the basic ABC's like don't panic, plan ahead and leave information on where you are planning to be. It also has lots of anecdotes on situations people did survive. It is heavily illustrated, but does not reference the illustrations in the text, nor are the illustrations step by step procedures. Fewer and more applicable illustrations would be much more useful. The few step by step procedures in the text assume the reader has a vocabulary that most likely was not learned unless the reader has

already performed the task. There are many much better survival books for the average person, and for your emergency kit. The original U.S. Army field manuals come to mind.

This is really no better than a Boy Scout manual. How to use a tarp. How to start a fire. Which plants are edible.

No chance I would ever survive Hell Week in B.U.D.S, but with this book I am little more confident I could survive in almost any environment with a few of the right tools. This is a good "Cliff Notes" version of surviving in the different environments on the planet that don't include a Starbucks or a Burger King. From obtaining water to keeping warm to identifying edible nutrition and building suitable rent free housing, this is a one stop shopping guide to putting off your trip to the Pearly Gates if you happen to wind up in a phone dead zone.

I was expecting much more. Hardly worth the effort. Minimal explanations at best. Poor descriptions. Nice cover. The seals have to have more detail than this.

This book just gave some general overviews on survival, not the in depth, in the s#@ drama and stories promised. I learned more as a boy scout and young hunter than I did reading this, and I was only a boy scout for 6 months! About the only saving grace is the listing of further resources.

The survival tips are not as useful as any similar television show on the air. The book is not useful for a beginner.

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